

Aging and People with Disabilities

Current Aging and People with Disabilities Initiatives, Programs and Perspectives

Presented at the Healthy Aging Summit
May 8, 2014



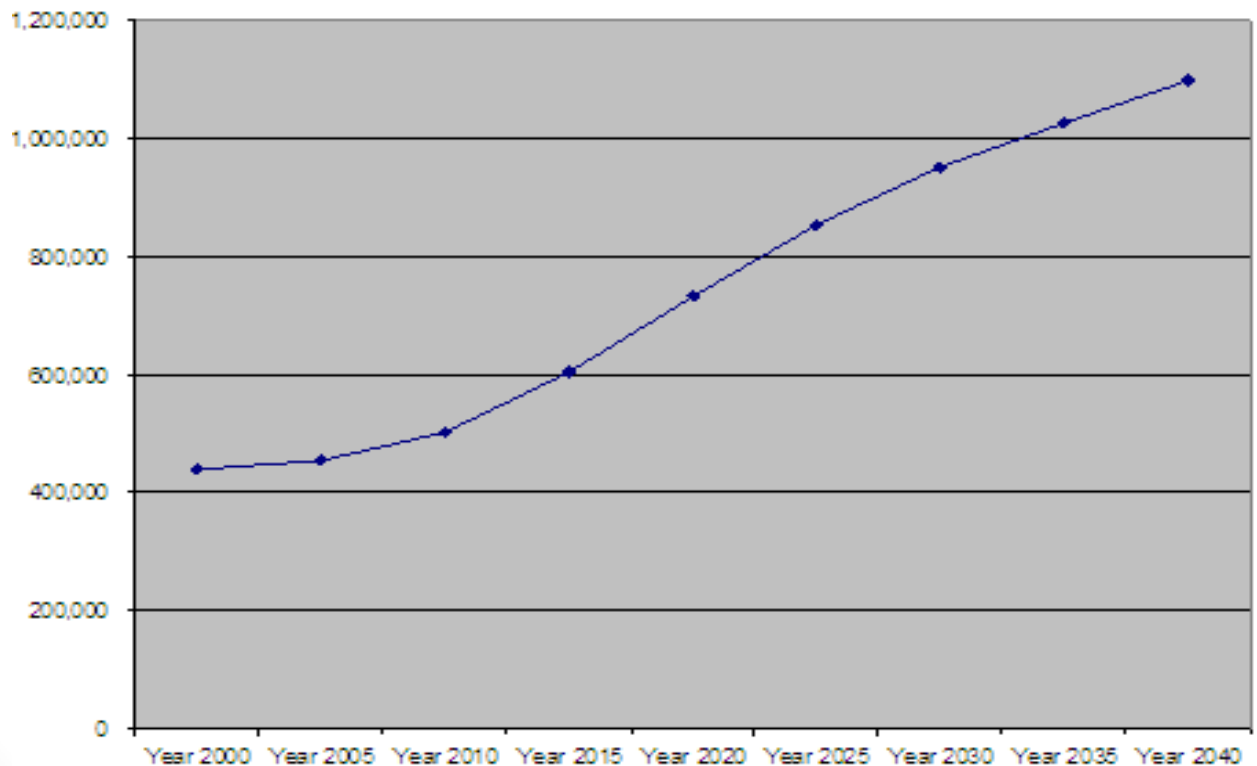
Oregon's Vision and Values

System is built on the vision described in Oregon law (ORS 410):

- **Goals:** health, honor, dignity, lives of maximum independence
- Emphasis on **choice and independence**
- **Support** for people with disabilities
- Based on **partnerships and coordination**
- Promote **community involvement**
- **Advocate** for seniors and individuals with disabilities

The aging population is growing.

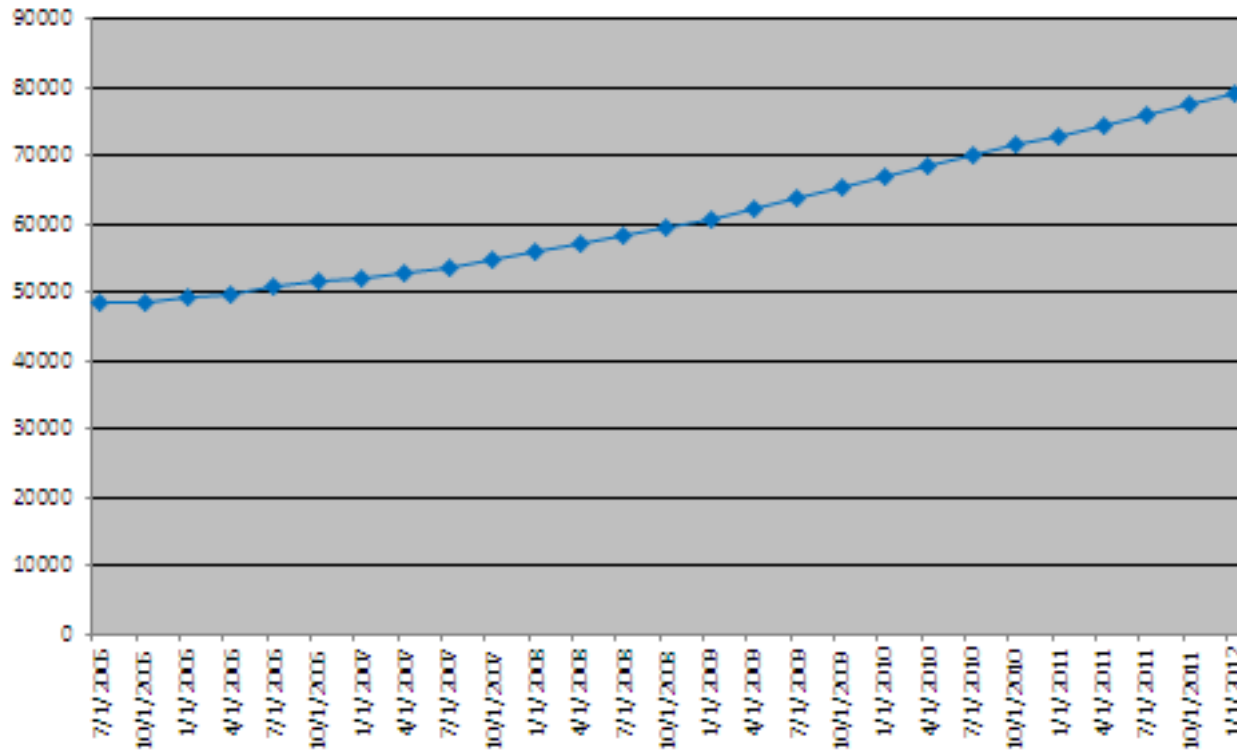
Projected increase in Oregon's 65+ population



- \approx 400K in 1997
- \approx 1.1M in 2040

People are living actively with disabilities.

Actual increase in eligibility related to disability*



- ≈ 50K in 2006
- ≈ 80K in 2012

*Includes Medicaid, SNAP, Medicare Buy-in, DD and AMH-eligible individuals under the age of 65

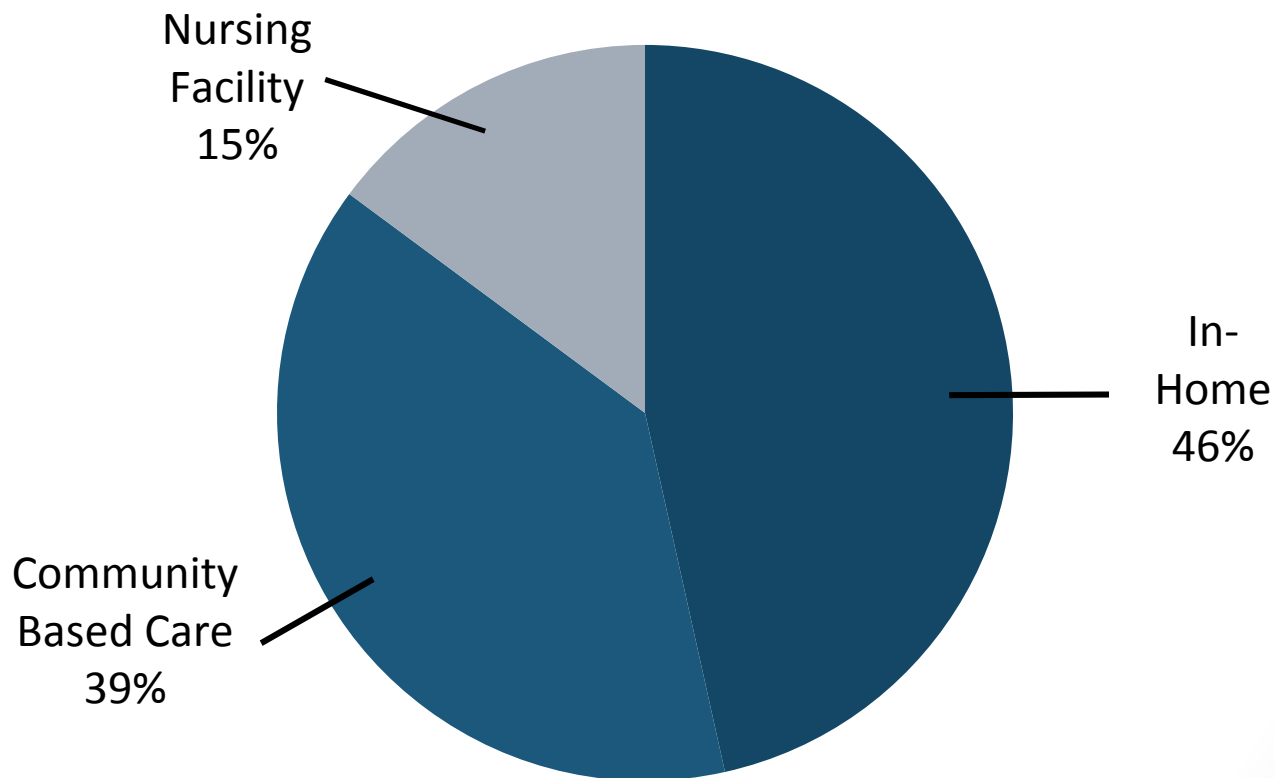
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Source: Oregon DHS eligibility data

Long Term Services and Supports (LTSS) Basics

- When an individual is found eligible (based on care need and income), he/she is entitled to receive long term services and supports (LTSS) at a nursing facility (NF).
- An individual may “waive” his/her right to receive long term care services in a NF and elect to receive services either in his/her own home or a community setting (Adult Foster Home, Residential Care or Assisting Living Facility).

Choices of Medicaid LTSS Consumers by Setting



Oregon's 9 Aging and Disability Resource Connections (ADRCs)

- National effort to support single access point for aging and disability long-term services and support
- Statewide toll-free number and searchable website
 - 1-855-ORE-ADRC (1-855-673-2372)
 - www.adrcforegon.org
- Expanding role in addressing health and mental health

Oregon's 17 Area Agencies on Aging (AAAs)

- Federal Older Americans Act (OAA)
- Area Plans required every 2-4 years
- AAAs receive a small amount of OAA funding to support evidence-based health promotion/disease prevention.

Over 533,000 Oregonians are age 65+

Supports

- Nearly 19,000 older adults (about 3.6% of Oregonians over 65) receive Medicaid long-term care services.
- Nearly 10,000 younger adults with physical disabilities receive Medicaid long-term care services.
- Approximately 2,000 older adults receive services through Oregon Project Independence.
- Approximately 463,000 Oregonians (family and friends) provide care to an adult, with 173,000 of those caring for a person with Alzheimer's or a related dementia.

Oregon LTSS Resources & Options

Living Situations:

- Approximately 135 nursing facilities with 5,000 beds, and 2,400 community-based care settings (assisted living, residential care, adult foster homes) with 32,000 beds.
 - Even if all beds were filled, this would be approximately 7% of older adults.
- Currently 16, 895 home care workers (HCWs) are registered and approved to work.

APD and Health-Related Initiatives

- Coordination with health systems/Coordinated Care Organizations (CCOs)
 - CMS/LTC/CCO Study Group: 7 domains, project plan
 - Strategic Framework/Shared Accountability
 - State Innovations Model (SIM) grant
- Senate Bill 21: focus on prevention and early intervention
- Stakeholder involvement has been pivotal in the development of all of the above

CMS/LTC/CCO Study Group

- CMS Accountability Plan
- Stakeholder-driven group to recommend plan for integration of LTSS
- Final Report in December 2013 - seven domains:
 - Care Team/Care Plan and Coordination Across Providers
 - Performance Quality Measurement and Monitoring
 - Financing/Contracting
 - Consumer Engagement
 - Data and Information Sharing
 - Medicare
 - Public and Stakeholder Engagement
- Project Plan under development to implement recommendations

Strategic Framework: Shared Accountability

1. Requirements to coordinate
2. Memorandum of Understanding outlining how the CCO and the Aging and People with Disabilities (APD)/AAA local office will coordinate and communicate
3. Key LTSS metrics publically reported
4. Shared financial accountability, including incentives or penalties related to performance on key LTSS metrics

State Innovations Model (SIM) Grant

LTSS Innovator Agents: regionally based, seven across the state

- SIM and APD budget funded positions to work on coordination across APD/AAA offices and CCOs
- Problem solving, trend identification and innovations to facilitate positive consumer and system outcomes.

Housing with Services

- Pilot bringing social and health related services to subsidized Housing.
- Portland State University to evaluate.

Focus of SB 21/LTC 3.0

Strategies to:

- Serve consumers in their own homes and community settings of their choice
- Support independence and delay entry into publicly funded LTSS
- Serve consumers equitably in a culturally and linguistically responsive manner

Data on primary causes of entry into and cost drivers for publicly funded LTSS, age and geography will be used in developing strategies.

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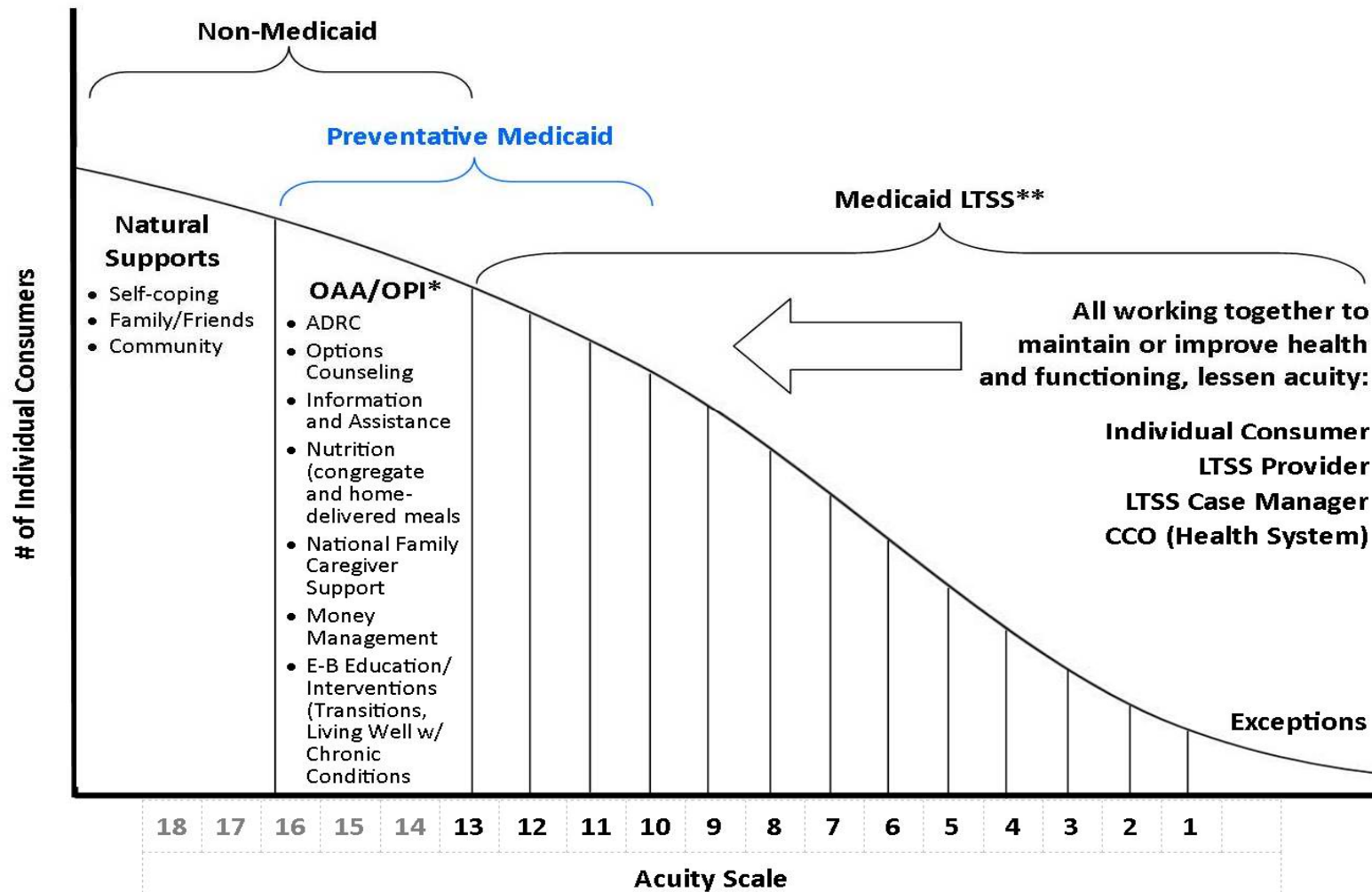
The SB 21/LTC 3.0 Steering Committee: Organizing the Work

Formation of four subcommittees:

- Assessment Subcommittee
- Data and Research Subcommittee
- Paid and Unpaid Caregivers Subcommittee
- Service Equity Subcommittee

Aging & People with Disabilities

LTSS Prevention and Acuity Scale



*OPI currently serves SPL 1-18

**Includes State Plan Personal Care (SPPC) Services, which has a separate assessment of need tool.

Other Initiatives

- K Plan
- Assessment workgroup
- Outreach, engagement and equity work
- State Plan for Alzheimer's Disease and Related Dementias in Oregon (SPADO)
- Innovations Fund
- Money Follows the Person (MFP)
- Money Management Program (MMP)

Additional Efforts

Diverse community models

- Villages – Ashland, Bend, Portland
- Housing with services/
Naturally occurring retirement communities

Role of senior centers

- Renaming, offering different services

Oregon and national models for communities that are:

- age-friendly
- disability-friendly
- dementia-capable

Action Plan for an Age-Friendly Portland



Prepared by:
The Age-Friendly Portland Advisory Council



More Resources:

- The SB 21/LTC 3.0 Webpage:

<http://www.oregon.gov/dhs/spwpd/pages/ltc30.aspx>

- The CMS/LTC/CCO Study Group Webpage

<http://www.oregon.gov/dhs/cms/Pages/index.aspx>

- And find SB21/LTC 3.0 on Facebook at:

<https://www.facebook.com/OregonLTC3.0>

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