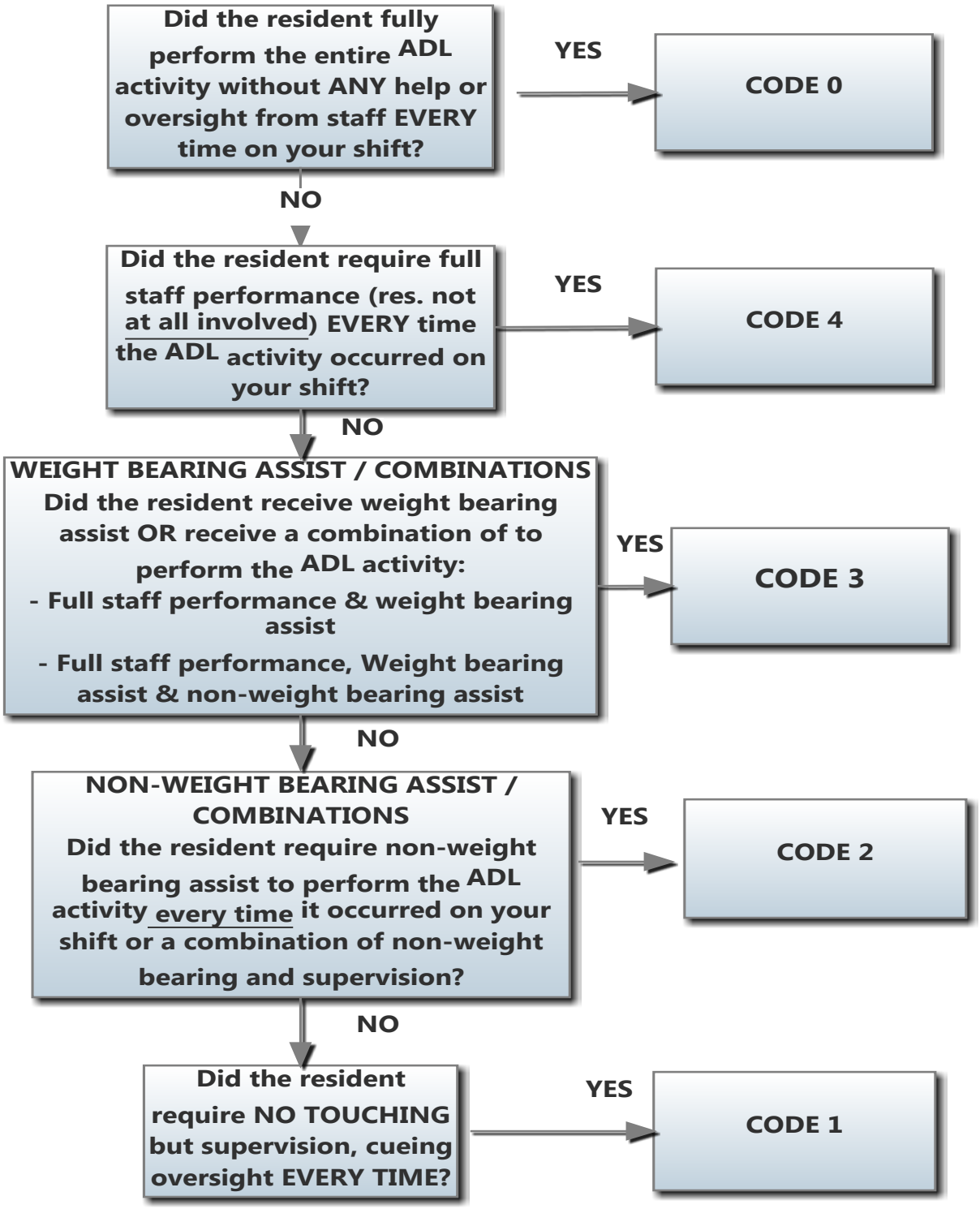
Key:

0=Independent; 4=Total Assist; 3=Weight bearing assist; 2=Limited Assist; 1=Supervision; 8=Did not occur

ADL CHARTING FOR RESIDENT "SELF" PERFORMANCE (Does not include set-up help)



ADL Self-Performance Column Definitions

Self-performance coding does not include set-up help. Examples of set-up help are opening a milk container; handing them clothes; setting them up at sink; placing the walker near the bed.

Code 8 = ADL activity did not occur on your shift at all.

Independent = means the resident was **completely independent** with the ADL activity every time on your shift requiring no supervision, direction, or touching. This is coded as a **0** in self performance.

Total Assist = means the resident **required full staff performance** with the ADL activity every time on your shift – resident was not at all involved. This is coded as a **4** in self performance.

Weight Bearing Assist = means the resident **required you to "take their weight"** in order for the ADL activity to occur – such as lifting their foot to put on a shoe, or holding them over to perform care, or raising them from a lying to a sitting position for transfer, etc. See combinations on flow chart when total assist and weight bearing assist & non-weight bearing assist occur – this is typically coded a **3**.

Non-Weight Bearing Assist = means the resident **required touching or contact guard but you did not have to "take their weight"** – such as holding on to them during transfer to guide them into a chair, etc. See combinations on flow chart when non-weight bearing assist and supervision occur – this is typically coded a **2**.

Supervision = means the resident **required no touching but cueing and oversight or supervision** – such as you gave direction for transfer but no touching, or you asked a resident to turn and did not need to touch them, etc. See combinations on flow chart when non-weight bearing assist and supervision occur – this is typically coded a **1**.

Personal Hygiene includes daily care you are providing (such as washing face, hands, underarms) and is coded under personal hygiene.

Bathing / Shower / Full Bedbath is when the resident received a shower or tubbath or you completed a full bathing activity in bed (washed entire body – called a bedbath) and is coded under bathing / shower / full bedbath.

Support Column Definitions

Set-up help counts and is coded as a Code 1. No set-up help is a Code 0.

Code 2 = 1 person assist. Code 3 = 2 or + person assist. Code 8 = ADL did not occur