

TIME

12:00 pm to 1:00 pm

LOCATION

Online

CEU's

1 CEU

CANCELLATION POLICY

Cancellations must be received no later than 5 working days prior to the course to be refunded (Less a \$25 service charge)

No refunds are possible after that date, but you are welcome to send someone in your place.

TO REGISTER

Register online at www.leadingageoregon.org (Educational Opportunities)

QUESTIONS

Call LeadingAge Oregon
503.684.3788

OUTLINE

Behavioral health issues are on the rise due to social isolation from COVID-19. Join us for a webinar presentation that focuses on these behavioral health issues and learn about strategies for early intervention and improving residents' quality of life. It is important for caregivers to stay focused on patients to quickly identify changes in mood due to social isolation. Rehabilitation has a role in evaluating the physical issues as well as behavioral health issues due to the imposed social isolation. An individualized, person-centered plan can be developed by rehabilitation and education provided to the staff for keeping residents engaged in meaningful activities to keep them functioning at their highest level and improving quality of life.

Participants will gain a better understanding of:

- Identify strategies for early intervention for behavioral health issues that will improve residents' quality of life.
- Evaluate the physical issues as well as behavioral health issues related to social isolation.
- Develop an individualized, person-centered care plan that will keep residents engaged in meaningful activities and functioning at their highest level in order to improve quality of life.

FACULTY

Kathy Adkins, OTR/L, CPC-A, RACT-CT, CPD, Director of Quality, RehabCare.

Kathy Adkins earned her BS in occupational therapy from Baker College in 1996. She has practiced OT across the continuum of care including: home health, pediatrics, inpatient rehab, outpatient rehab, pulmonary rehab, mental health and long term care. Kathy has been employed by RehabCare/Kindred Healthcare since 2007 and has been a multi-site rehab manager, operations consultant, systems quality clinical documentation consultant and has been working since June 2016 as a rehab clinical consultant/director of quality.

Leta Kant, PT, RAC-CT, ATP, Director of Quality, RehabCare. Leta Kant is a director of quality with RehabCare, the Rehabilitation Division of Kindred Healthcare. Leta is a graduate of University of Tennessee and has 35 years of clinical and operational experience, working with all ages in a variety of settings. She operated and owned her own rehab company for 12 years contracting therapy services into an array of health care settings. She was an assistive technology director for seven years, where she gained extensive experience in wheelchair seating and positioning needs for complex individuals who utilized both manual and power mobility. During the past 11 years, she has worked exclusively with geriatrics in skilled nursing facilities.

WHO SHOULD ATTEND

Administrators, nursing staff, staff educators, social workers, therapists and activity directors. Appropriate for skilled nursing, assisted living and home and community based providers.

FEES

LeadingAge Oregon Members: \$59

Non-Members: \$79