

# Bullying Among Older Adults: Not Just a Playground Problem

June 11, 2024 | 11am - Noon (Pacific Time)

Members: \$50 | Non-members \$100

In this webinar, participants will gain insight into bullying within adult living communities and day centers. We will delve into the definition and incidence of bullying among older adults, exploring its unique characteristics and manifestations within this population. Additionally, we will examine the profiles of older adult bullies, their targets, and any gender differences that may exist. Understanding why bullying occurs is crucial, which is why we will define the five different types of bullies and shed light on the reasons behind their behavior.

The impact of bullying on the health and well-being of seniors cannot be overstated. Even a single instance can have long-lasting effects. That's why it's essential not only to define bullying but also to recognize the warning signs, understand its physical and emotional toll, and know what actions to take if it occurs. To this end, we will review interventions for organizations, bullies, and targets, aiming to help communities minimize and, where possible, prevent bullying while mitigating its effects on victims. Addressing bullying among older adults is crucial for enhancing their quality of life and emotional well-being.

We will also discuss strategies for creating empathetic and supportive communities for all residents and staff members, fostering environments that promote care and understanding.

- Describe the incidence and characteristics of bullying behaviors.
- Identify the five different types of bullies and their intended targets.
- Describe the impact of bullying on older adults.
- Identify organizational interventions that may help to minimize community bullying.

*Event Schedule* June 11, 2024 | 11 am - Noon Pacific Time

## Who Should Attend

Social Workers, Administrators, Nurse Leaders, Department Heads, Activity Professionals, Direct Care Professionals, and other staff who may encounter bullying situations. Appropriate for all provider types including nursing home, assisted living, adult day services, and independent living.

### Faculty

#### Kathleen Weissberg, OTD, OTR/L, Education Director. Select Rehabilitation



Kathleen Weissberg, in her more than 25 years of practice, has worked in long term care as a researcher/educator and

has established various programs in nursing facilities including palliative care and end of life care, incontinence

management, falls management and dementia care and staging. She currently provides continuing education support to 6,000 therapists nationwide as director of education for Select Rehabilitation. She has lectured nationally, at the state level, and authored publication on the topics such as patient satisfaction outcomes in long term care, restraint reduction and fall prevention, driving and the elderly, dementia management, palliative care, and hospital readmissions. She has presented at previous LeadingAge conferences for Georgia, South Carolina, Michigan, New York, and has authored articles for publication for LeadingAge Florida and Texas.

#### Registration & Other Information

#### What's Included

Registration fee includes digital handout, one connection to the live webinar and instructions for receiving CE credit/attendance certificate for one person. A recording of this webinar is NOT included in the registration fee.